



Brighter Opportunities
for Special People



THE BOSP STAR

LATEST CHARITY NEWS

SERVICES UPDATE FOR SPRING 2024

BOSP TOTS



Our inclusive baby and toddler group is for children up to 5 years with any kind of additional need and their parents, carers and grandparents. It provides peer support and advice from specialist staff, where children learn social skills, fine motor skills, structure and sharing. Every Tuesday 10.00am to 11.30am, during term time, at BOSP Skills for Life Centre.

INDIVIDUAL SENSORY SESSIONS AT BOSP

We offer bespoke individual sensory sessions for children and young people whose needs preclude them from a group session or because it will be too overwhelming. Sessions run on Tuesdays, during term time, 12.45pm to 1.15pm, 1.30pm to 2.00pm or 2.15pm to 2.45pm at BOSP's Skills for Life Centre, with support from two of BOSP's specialist staff.

SENCAPS - SEND PARENTS & CARERS SUPPORT GROUP

Come and join us for a cuppa and a chat with those who share similar experiences at the SENCAPS group. Meet other parents/carers and professionals involved with SEND (e.g. speech & language/continence team). A safe space to speak and have your questions answered. Free group on alternative Thursdays 10.30am to 12 noon at The BOSP Skills for Life Centre.



BOSP SKILLS 4 LIFE

Skills 4 Life is BOSP's educational weekday, daytime opportunity for young people aged 16 to 25 years. Skills 4 Life provides vital life and social skills to support transition into adulthood and supported living. Activities include cooking (and washing up!), meal planning and preparation, learning to keep a room tidy, keeping active, gardening, travel training, swimming, trampolining etc and visits to local attractions. Weekdays 9.30am to 3.30pm at BOSP's Skills for Life Centre.



FAMILY ADVOCACY FOR EARLY YEARS & TRANSITION INTO SCHOOL OR ADULT SERVICES

Support for families whose children and young people are transitioning to school and adult services. This free service can support you with:

- advice and signposting
- liaising with professionals
- obtaining personal budgets
- getting a social care assessment
- speech & language
- education
- transport
- specialist equipment
- accessing **BOSP's Skills 4 Life Weekday Daytime Programme**

Free group for parents/carers, alternative Thursdays 10.00am to 11.30am at The BOSP Office. 1:1 face to face or telephone support also available.

Support Workers of the Quarter Awards 2023

Having you as part of our team makes all the difference! Thank you to all of our wonderful team of Support Workers.



Support Worker Recruitment

We are always looking for good people to join our team of Support Workers, if you know someone that would be interested in applying please pass on our details. Please click below.

Can you help us to help more families?
We have so many children on our waiting list, could you join our friendly team and help more isolated children have fun?

Support Worker RECRUITMENT

Are you interested in enhancing the lives of children and young people with disabilities and learning needs in a very rewarding role?

Flexible part-time hours

Contact The BOSP Office for an application pack or visit our website.

The job is very rewarding and I love working with the young people and staff, it feels like a big family.

If you are interested in being part of our fantastic team of Support Workers, please contact The BOSP Office on 01268 553117 or visit our website for an application pack.

Hours are part-time and flexible to fit in around your studies or other work commitments!

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Can you help us?

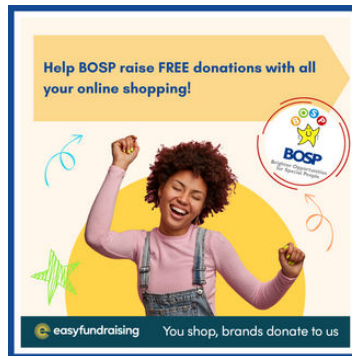
Formed over 32 years ago, BOSP is a small independent charity that relies on the kindness and compassion of charitable trusts, personal donors, and corporate/community fundraisers, to enable us to deliver our work.

If you or your employer, would like to make a donation, fundraise or volunteer for BOSP, so that more children and young people with disabilities in our community can be supported, please do get in touch, your care and support is very much needed and appreciated.

Help make a difference in your community!

BOSP WOULD LOVE YOUR SUPPORT, TO DONATE PLEASE CLICK OUR STAR

Click below to support BOSP



Could your Business make BOSP their Charity of the Year?

BOSP relies on the support of businesses in the community to help keep us running, so any support from local organisations is always welcome. As well as helping some of the most marginalised disabled children and young people, working with BOSP could benefit your company too! Please contact The BOSP Office or visit our website for more information.

FUNDRAISING NEWS

We rely on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or community@bosp.co.uk for our Fundraising Pack. We'd love to hear from you! Keep an eye on our website www.bosp.co.uk for all future events or challenges you might like to participate in.

FUTURE FUNDRAISING EVENTS

BOSP's BIG NIGHT OUT! - Friday 17th May 2024

This event will take place at the Billericay Theatre. Treat yourself to a fabulous night out with live music, dancing, theatre bites, cocktails and charity raffle. Get in quick to secure your tickets!

SPARKLING LUNCH - Saturday 14th September 2024

BOSP will once again be holding this event at Harry's Bar in Billericay. Come and enjoy a delicious lunch and a glass of fizz with friends and family. Contact Helen at community@bosp.co.uk to register your interest, more details to follow.

BILLERICAY SUMMERFEST - Sunday 7th July 2024

Come and visit BOSP's stall on Sun Corner, at this wonderful local event, a great day out for all the family. If you would like to help out on the stall for a couple of hours, please let us know, we'd love you to join us.



FUNDRAISING IN AID OF BOSP - Just some of the wonderful recent events!

NEW YEAR'S DAY COLD WATER DIP

A wonderful (some call them crazy!) group of BOSP Staff and Support Workers braved the freezing cold water of the Thames Estuary at Shoeburyness on New Year's Day to raise funds for BOSP. With your generous support the team raised an amazing £2,702.32 for BOSP!



BOSP 12 DAYS OF CHRISTMAS

12 days and 12 wonderful prizes! Thank you to everyone who entered and donated prizes. The total raised for BOSP was an amazing £960.

BOSP TOMBOLA AT THE BILLERICAY CHRISTMAS MARKET

A huge thank you to everyone who came along and supported the BOSP tombola on Sunday 3rd December and helped raise a fabulous £825.85.



BICESTER CHARITY SHOPPING DAY

Thank you to our lovely supporters who came along on Sunday 28th October and raised an amazing £656.

FAY'S MIDDLE EASTERN DANCE SHOW

A huge thanks to Fay and her group for once again holding their inclusive dance show in aid of BOSP. During 2023, dedicated, long term BOSP supporter Fay, raised an amazing £1,317 for BOSP with various events and coin pot collections!

THE FUN WALK

A huge thank you to all our wonderful sponsored walkers, The Fun Walk Trust, and local businesses for their generous donations to the Bonus Pot, which raised a wonderful £2,304.33!



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Don't forget to Gift Aid it!
BOSP can claim a further 25% on your personal donations.



BOSP SERVICES

Service	Service Description	Location	Day and Time
Saturday Club	Social & educational club with mostly one-to-one support for children and young adults 4 to 25-year-olds. Activities include: Hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Saturdays 10.00am to 3.00pm
Let's Connect	The next step on from Saturday Club, aimed at children and young adults 11 to 25 years, who are ready to socialise and learn life skills such as road safety, money handling, budgeting and eating out. Events include bowling, cinema, crazy golf, laser madness and include a meal in a restaurant.	Meet at the Pioneer School, SS14 2LA, then leave for community activities	Saturdays 10.00am to 3.00pm
Holiday Club	Social & educational club with mostly one-to-one support for 4 to 25 year-olds. Activities include hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Whizzy Woodland Away Days & Thriftwood Days	Activity days based in a woodland cabin with one-to-one support, for 8 to 25 years. Children and young people get the chance to enjoy the fresh air and take part in exciting indoor and outdoor activities, including archery, water zorbing, wall-climbing, woodland trails, craft, pizza making, animal therapy, music therapy.	Thriftwood Scout Camp, Brentwood, CM13 2DP	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Holiday Club Out & About	Providing one-to-one support, BOSP delivers a wide range of stimulating social activities out in the community for children 4 years + during the holidays. Activities include Woodland Warriors, Sea Life Centre, farms and zoos.	Various	Various 10.00am to 3.00pm
Chill Zone	Fully supported social club for young adults aged 18 to 25 years, that takes place out in the community. It is aimed at promoting independence, through decision making, social skills and travel. Activities include theme parks, foot golf, theatre, Canal Ability, treasure trails, clubbing and meals in a restaurant.	Various	Saturday evenings and Sundays Various (4 - 6 hours)
Skills 4 Life	Educational daytime opportunities for young people aged 16-25 years, providing vital life and social skills to support their transition into adulthood and onto supported living. Activities include cooking and keeping active, community volunteering, gardening, travel training, swimming, trampolining, meal planning and preparation, wood turning, visits from RNLI, Air Ambulance, keeping a room clean, learning first aid etc.	BOSP's Skills for Life Centre, SS16 4UH	Weekdays 9.30am to 3.30pm

BOSP SERVICES CONTINUED

Service	Service Description	Location	Day and Time
Individual Sensory Sessions	Individual sensory sessions for children and young people whose needs preclude them from attending a group session or for those who are overwhelmed at being in a group setting.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 12.45pm to 1.15pm 1.30pm to 2.00pm 2.15pm to 2.45pm
Big BOSP	A fun youth club for young people offering social and learning opportunities, whilst providing parents/carers with evening respite. Activities include board games, quizzes, arts & crafts, treasure hunts, outdoor games, forestry activities, shopping, meal planning and preparation.	BOSP's Skills for Life Centre, SS16 4UH	Alternate Tuesday Evenings 4.30pm to 7.00pm
After School Club	Working with Castledon School, Wickford, we collect the children in the BOSP Bus, to join us at the Park. As well as helping the young people with their homework, they're supported to plan and prepare a light evening meal and take part in quizzes, games, arts & crafts, treasure hunts, sports and forestry skills.	BOSP's Skills for Life Centre, SS16 4UH	Collect from Wickford Approx. 2.45pm to 7.00pm
BOSP Tots	Our inclusive morning baby and toddler group for children up to 5 years and their parent carers/grandparents. It provides peer support and an opportunity to receive help and advice from specialist staff, whilst children learn social skills, fine motor skills, structure and sharing. Activities include themed Tuff trays, messy play, sensory play, adventure playground and snack time.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 10.00am to 11.30am
Counselling	An experienced child/family psychotherapist provides either individual, couple or family counselling for parents/carers, siblings or children/young people with a disability.	Virtual or face-to face, Harold Hill RM3 9EN	Various dates and times
Family Advocacy for Early Years & Transition into School or Adult Services	Support for families whose children and young people are transitioning to school and adult services. These free sessions can support you with; advice & signposting, liaising with professionals, obtaining personal budgets, getting a social care assessment, speech & language, education, transport, specialist equipment, accessing BOSP's Skills 4 Life Weekday Daytime programme.	Various including BOSP's Skills for Life Centre, SS16 4UH	Tuesdays and Thursdays face to face or telephone support available
SENCAPS Parents & Carers Peer Support	Free Peer support group for parents and carers of all children and young people with SEND, with support from BOSP and other professionals.	BOSP's Skills for Life Centre, SS16 4UH	Alternate Thursdays 10.30am to 12.00noon

A LOOK BACK AT AUTUMN AT BOSP



www.bosp.co.uk

BOSP Brighter Opportunities for Special People
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