

Newsletter



ISSUE 013

SPRING/SUMMER 2019

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BOSP are members of the Essex Lottery have you signed up yet for your chance to win?







@BOSPEssex

Our thanks to the **Pioneer School** for their continued support



BOSP's Recent Office Move

BOSP celebrates its 28th birthday in June and during this time we have had many homes. Up until now we've had to hire private premises for our offices. As we have to fundraise unrestricted funds to cover our office costs, it has invariably meant we were unable to compete with the commercial market and sadly had to move on when our lease expired. From our humble beginnings in Brentwood when parents needing support met around a dining table, we then moved to Billericay, but once again our club and office leases came to an end and we had to find a fit for purpose premises. However, help came in from Basildon Council and we now feel we have a forever home in Wat Tyler Country Park, Pitsea. What a wonderful base from which to organise our 8 high quality respite activity clubs that take place in Basildon, Brentwood, Billericay and Wickford. Huge thanks to the wonderful staff at Wat Tyler and everyone who supported our move.



centre from which to deliver Services from 7 days a week.

Our next wish

is to have our

very own

building/

The Billericay Charity Fun Walk

Would you, your family or friends like to take part in The Fun Walk to raise much needed funds for BOSP?

This years Fun Walk is on **Sunday 8th September 2019** at Barleylands Farm, Billericay at 1pm.

There are 2 walks to choose from: a 3 mile route or a shorter walk within Barleylands which is suitable for families, prams & wheelchairs.

Contact The BOSP Office on 01268 533117 or email: community@bosp.co.uk to sign up today and get your sponsor forms!

Or why not create your own fundraising page on virginmoneygiving.com (this is an easy way to attract and collect sponsorship online).

The BOSP Tombola stall will be there so please do come and say hello!

BOSP Tots!



We will be starting our new BOSP Tots group on Thursday 6th June. This free group is open to parents, carers and grandparents of babies and children age 4 and under with any kind of additional need or disability. BOSP will have exclusive use of a pre-school room, soft play equipment and sensory room. It will also provide the opportunity to meet with others facing similar challenges and to receive help and advice from our specialist staff. If you have a friend or relative who would like some support but they are worried about coming along on their own, please bring them along, we would love to see you.

The sessions with be held each Thursday morning during term time from 10am to 11.30am, at Northlands Family Hub, Davenants, Basildon, SS13 1QX. Summer session dates are 6th, 13th, 20th, 27th June, 4th, 11th, 18th July.

Please contact The BOSP Office on 01268 553117 or email enquiries@bosp.co.uk to book your place. Thank you to the team at Northlands Family Hub for their support of our project.

Peer Support Coffee Mornings

Our free Peer Support Coffee Mornings where our families can have a coffee and chat with other families have been very well received. The sessions are once a month and the dates for our next sessions are on 26th June, 17th July, 25th September, 23rd October and 27th November from 10am to 11.30am at The Green Centre, Wat Tyler Country Park. Please let us know you will be popping along by contacting The BOSP Office on 01268 553117.

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Thanks To Our Most Recent Supporters

The community caring for our community Charity!



Coach & Horses Pub Billericay Thank you so much to our friends at the lovely Coach and Horses Pub in Billericay who kindly chose BOSP to receive a £400 donation as part of their Charity Fund distribution. We couldn't survive without the generosity of the community, so thank you again.

Big thank you to our friends at Wilmott Dixon Interiors and Noble Recruiting for their kind donation of over 200 Easter eggs for our holiday clubs! The children absolutely loved receiving them from the Easter Bunny and hunting for them in the woods.

Thanks to our friends at De Rougemont Manor for making our fundraising Afternoon Tea such a success and providing a lovely raffle prize.



Big thanks for the continued support from our friends at Aswan Dance who kindly put on a middle eastern dance show in aid of BOSP, raising a wonderful £800.

Huge thanks to
Hornchurch Round
Table who have
donated £1,000
towards BOSP Tots,
enabling us to get
the project off the
ground



ROUNDTABLE

PÖSHPAWS

richleemotorco.

torco.

BOSP received a cheque for a wonderful £2,000 from Richlee Motors. They kindly put on a charity hog roast with donations to BOSP and then topped it up themselves to £2,000. A huge thank you to Lee, Richard and team for their generosity and very kind support.

NTERNATIONA

Posh Paws Basildon Thank you so much to Posh Paws who donated bags of fabulous Disney & Pixar plush soft toys to BOSP.



Waitrose

Massive thanks to all of BOSP's lovely supporters who took the time to vote for us at Waitrose in the March green token event. We have been awarded a wonderful £660!

London Southend Airport

We are very grateful to the London Southend Airport Community Team who are supporting BOSP's 'Making Autistic Sense' project.



Huge thanks to Essex Community Foundation and the trusts they manage - we have received two grants from funders The Diana Tinson Fund; MayPole House; Essex Fund and Moody Fund.



Huge thanks to our friends Happy Days Charity for funding a fantastic day for BOSP families to Paradise Wildlife Park in April. Everyone had such a wonderful time.

Thank you so much to Grace Lampard who has given herself the challenge of raising £10k for BOSP in 2019 and stars on Goggle Box (with

our Star).

Good luck Grace!



@BOSPCharity We're now at over 600 followers!

Wedding Kindness - BOSP supporters Seb & Katie asked for donations to BOSP in lieu of wedding gifts. This raised a wonderful £1,190 for BOSP.

Wishing you both many years of love and laughter!





Rotary Club of Billericay Town - Have chosen BOSP as their Charity of the Year. Thank you so much for your kind support!



What is it? Payroll Giving allows you to give directly to BOSP from your salary before tax is deducted. Therefore your donation goes further. So if you wish to donate £10 a month, it will only cost you £8 from your net pay if you are a basic rate tax payer or just £6, if you are a higher rate tax payer. Payroll Giving is easy to set up and you can change your donation at any time by informing your HR department at work. Forms can be downloaded from the BOSP website, under 'Ways to Donate'. It really helps us budget when we know how much money is coming into the charity each month. Thanks for your support.

BOSP is Charity of the year for St. John's School, Billericay. Thank you to all the pupils and staff for their fundraising efforts.

Annual Fundraising dates for your Diary!

BOSP relies on fundraising in order to provide its services, so for more information on any of the events below or if you would like to arrange your own fundraiser, please contact

The BOSP Office on 01268 553117...we'd love to hear from you!

15th June 2019 - Brentwood Strawberry Fair - 12noon to 6pm, Shenfield Common, Brentwood

Join us once again at this wonderful and fun event. There is so much going on, with dancing, music and entertainment for the whole family. Please come and support BOSP's renowned Tombola Stall. We are still looking for volunteers if you would like to help for a 2 hour slot, please get in touch.

8th September 2019 - Billericay Fun Walk - 1pm

BOSP will again be at this great family fundraiser. If you wish to take part in the walk there is a choice of 2 walks; wheelchair and pram accessible and dog friendly - it really is one for all the family. Alternatively, you may wish to visit or help on our tombola stall. Please contact The BOSP office for a sponsorship pack.

28th September 2019 - Sparkling Lunch Harry's Bar - 1pm to 4pm - £25

What a great time we had last year! Looking forward to this years' Sparkling Lunch which includes a two course meal and a glass of Prosecco – what a wonderful way to spend Saturday afternoon with friends or family. Tables are going quickly, so please call or email BOSP to reserve your table.

19th October 2019 - Bicester Shopping Village Trip £22 - 8am to 5.30pm

Travelling by coach from Billericay to Bicester to visit Oxford's famous designer outlet shopping village - a great way to start your Christmas shopping or to treat yourself (with a glass of fizz to celebrate your shopping success on the way home). Includes an additional 10% discount voucher booklet to use around the village.

1st December 2019 - Billericay Christmas Market - 11am to 5pm

Come join our stall for a really fun and festive family day out. We'd love some help on the day we run a 2 hour rota, or if you can provide a Tombola prize, we would be most grateful.

So, how can you help?

- Volunteer on a fundraising stall for a couple of hours
- Take part in a sponsored event on behalf of BOSP
- Donate unwanted gifts new toiletries or toys to our tombola stalls & raffles
- Attend a BOSP Fundraising event
- Download BOSP's A-Z of Fundraising Ideas from our website and do your own event
- Make a one off or monthly donation
- Business/Corporate Support do you or a family member work for a company that has a social committee or a CSR Policy (Corporate Social Responsibility) - do they want to support smaller charities this year?

Could BOSP help your company fulfil its CSR (Corporate Social Responsibility)? Is your organisation still to decide their chosen Charity of the year? Then why not choose small independent charity BOSP? We have been providing specialist support to children who have disabilities or life-limiting illnesses for nearly 28 years, whilst providing essential respite for their families. We would love to work with you. Please get in touch on 01268 553117 or visit www.bosp.co.uk to find out more of what we do.

Please join up for the Essex Lottery and help raise vital funds for BOSP, whilst being in with a chance of a win for yourself - from just £1 a week. Log onto

https://www.essexlottery.co.uk/support/bosp-brighter-opportunities-through-supported-

Appeals/Requests

Can you help? We need you!

Do you have time and are able to provide printing for free in return for advertising on our leaflets and social media?

If so please contact The BOSP Office on 01268 553117. Thank you!



Tombola, Prize Draw or Raffle Gifts

Here at BOSP we are always willing to take any unwanted, unused items/gifts off your hands for our tombola stalls and raffles. Please call The BOSP Office on 01268 553117 to find out the best way to get them to us...many thanks!





Activities & Services

The BOSP Office, Wat Tyler Country Park, Pitsea Hall Lane, Pitsea, Basildon Essex SS16 4UH
Telephone: 01268 553117 Email: enquiries@bosp.co.uk Website: www.bosp.co.uk
Registered Charity No. 1107392 Company No. 5284004



Brighter Opportunities for Special People is a registered charity (1107392) which offers support to families by providing short break care for their children and young people with learning and physical disabilities

BOSP offers regular structured clubs at evenings, weekends and school holidays providing fun and exciting activities with social opportunities for children and young people with disabilities aged 4 years to 25 years. BOSP aims to develop the children and young people's independence, self-esteem and social skills. BOSP's developmental clubs have a high ratio of experienced staff, enabling us to support children and young people with mild or more complex disabilities, including those with medical needs or limited communication. Full care will be provided at each club unless stated below.

For more information please telephone 01268 553117, email: enquiries@bosp.co.uk or visit our website: www.bosp.co.uk

BOSP SATURDAY CLUB: 10.00am to 3.30pm (5.5 hours) at the Pioneer School, Basildon

The BOSP Saturday Club is run out of the Pioneer School in Basildon with all its fantastic facilities. Aimed at children and young people aged 4 years+. Activities include sensory rooms and garden, interactive soft play room, craft, bouncy castles and an adventure playground. As well as core activities, each session has a specific theme, such as our Emergency Services Day, where the children get to sit in a fire engine. Most will also have the opportunity to go swimming in the hydrotherapy pool where our trained lifeguards, for the disabled, ensure that the environment caters for the individuals with music and lighting. BOSP also hires highly qualified outside therapists and teachers to provide therapeutic music, dance and sport. The children and young people also have the opportunity to try their hand at cooking and messy play.

BOSP TOTS: Thursdays 10.00am to 11.30am (1.5 hours) term time Northlands Family Hub, Davenants, Basildon, SS13 1QX

Our free baby and toddler group for families of children aged 4 and under with any additional need. This is an opportunity to meet other parent/carers and receive help and advice from our specialist staff. Activities include soft play, sensory room and training.

COME AND SWIM: 1.30pm to 2.45pm (1 hour 15 minutes) Saturdays and holidays at the Pioneer School, Basildon

Come and Swim enables children to experience swimming in a hydrotherapy pool with our team of Playworkers and disability lifeguard, whilst BOSP families get the opportunity to discuss issues that may be of concern with our Family Liaison Worker, such as assessments, schooling, respite and transition from child to adult services. Parents will have overall responsibility for their child whilst at sessions.

BOSP LET'S CLUBs: 10.00am to 3.30pm (5.5 hours) Out & About - various venues

Our 'Let's Go, Grow and connect clubs' are transition clubs aimed at enabling young people to meet and socialise with their friends in the community. The staff who work alongside the young people are regarded more as peers than carers which helps to foster the young people's social and communication skills, allowing them to practise life skills, such as handling money, decision making or road safety. Events include: Spy Mission Treasure Trail & Pizza lunch, Basildon Sporting Village Climbing Wall & lunch, Crazy Golf & Picnic.

BOSP BOUNCE: Tuesdays 4.30pm to 5.30pm (1 hour) at Wickford Trampoline Club

Our trampoline course is aimed at children and young people aged 8+ and are a great opportunity to have fun with friends and increase confidence, fitness and muscle strength. Although BOSP Playworkers will be on hand to support along with the disability coach, parents or carers will be required to stay on site for this particular club. However, this is a great opportunity to see your young person's new skills in action.

CHILL ZONE: Saturdays and Sundays at various times and venues.

Chill Zone is Out & About activities for young people 18+ aimed at promoting independence through decision making, social skills and travel. Activities include Adventure Island, Foot Golf, bowling, theatre trips, clubbing and meals out in restaurants. The young people will often make use of public transport, while fully supported by BOSP Support Workers. The young people are encouraged to be as independent as they can possibly be.

BOSP HOLIDAY CLUB/OUT & ABOUT: 10.00am to 3.30pm (5.5 hours) at the Pioneer School and various venues.

In order to provide our children and young people with the consistency they need, we mainly use the Pioneer School as our base for our Holiday Clubs and Out & About trips (pick up and collection points may vary for outings). BOSP aims to provide a wide range of stimulating activities during the holiday periods. This is achieved by bringing in experts from different fields to deliver diverse and exciting activities while maintaining our usual Saturday Club favourites such as arts & crafts, swimming, cooking and sports. Recent special events at sessions include dance workshops, pet therapy, puppet shows, football coaching and many more.

WHIZZY WOODLAND AWAYDAYS: 10.00am to 3.30pm (5.5 hours) at the Thriftwood Scout Camp, Brentwood

Thanks to BBC Children in Need, children and young people get the opportunity to get some fresh air and try exciting inclusive activities such as water zorbing, wall climbing, trikes, woodland walks, sensory sessions and craft in a wonderful woodland setting during Summer, Easter, Christmas and some half term holidays. If payment should be a barrier to accessing these sessions, please call The BOSP Office.