



Brighter Opportunities
for Special People

THE BOSP STAR

LATEST CHARITY NEWS

THE QUEENS AWARD FOR VOLUNTARY SERVICE & OPEN DAY



We were absolutely delighted for BOSP to be honoured with The Queen's Award for Voluntary Service, at our Open Day in July 2022, in front of 100 guests. An equivalent to an MBE, this award recognises outstanding work and is the highest award a voluntary group can receive in the UK. We were therefore incredibly saddened by the death of our Queen, Elizabeth II, but also feel privileged that BOSP was one of the last charities personally chosen by Her Majesty to receive this honour, during her 70-year reign.

We would like to extend our gratitude to all of our volunteers, staff and supporters for their incredible work over the years, allowing BOSP to grow from strength to strength, enabling us to improve the lives of more local children with disabilities and their families.

New Inclusive Adventure Playground at Wat Tyler Country Park

BOSP was proud to have been involved in the development for the new play area in Wat Tyler Country Park, which opened in the Summer. The play area and new Changing Places fully accessible toilet with hoist and adult sized bed, makes the park a really accessible day out for the whole family.

SKILLS 4 LIFE DAY OPPORTUNITIES

BOSP's Skills 4 Life Day Opportunities for 18-25 year olds are fun and educational, supporting your young person to become as independent as possible through the learning of vital life skills. We understand that the young people prefer to be in the company of their peers, rather than being placed in multi-generational settings, and whilst based in Wat Tyler Country Park, we aim to get the young people involved as much as possible out in the community.

If you think your young person would like to take part in Woodworking at New Life Wood, Gardening with Heart of Pitsea, swimming and the gym at Basildon Sporting Village, Triking with Trailnet, Drama with the Mushroom Theatre Company, Trampolining, Air Ambulance and Fire Station visits, farms theatre, Canal boats, crabbing, shopping, meal planning, arts & crafts, quizzes, travel training, money handling, just for starters, then please do get in touch.

We can work with you and your young person's social worker to ensure that your young person has fulfilling developmental and enjoyable day support during the week.

Transition

Due to the lengthy process around transition, when your child moves over to adult services, we recommend that you start thinking about their post-18 support when they reach 15 years of age.



FUNDRAISING NEWS

We rely on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or community@bosp.co.uk for our Fundraising Pack, we'd love to hear from you! Keep an eye on our website www.bosp.co.uk for all future events or challenges you might like to participate in.

FUNDRAISING IN AID OF BOSP

In May, Clive and the staff at Icen Projects took on the challenge of a bike ride from London to Southend in aid of BOSP. They braved the bad weather and raised an amazing £1,785! Thank you to all the team that took part and to everyone who supported the event.



PLATINUM JUBILEE FUN WALK 2022

Thank you to everyone who took part in this years Fun Walk in June, in aid of BOSP, with the walkers including some of BOSP's young people and support workers. There is a Bonus Pot which is a unique feature of this event, with funds donated by local businesses and individuals which is then distributed to participating organisations on a pro rata basis in addition to the monies raised in sponsorship. In 2022, the Bonus Pot added 40% to the amount raised by BOSP's participants, which meant we received an additional £342, bringing the total raised to a brilliant £1,196. Thank you to our friends at the Fun Walk Trust for their kind support by arranging this event.



FUTURE FUNDRAISING EVENTS

BICESTER CHARITY SHOPPING DAY

BOSP Coach Trip to Bicester, Saturday 29th October 2022 - FULL

London Half Marathon

We are thrilled Johnno is taking on the challenge of the London Half Marathon on 27th November in aid of BOSP! If you would like to support this great challenge and help raise money for BOSP please visit Johnno's Go Fund Me page [here](#). Thank you so much for your support.

BILLERICAY CHRISTMAS MARKET

BOSP will be at Billericay Christmas Market on Sunday 4th December with our renowned Tombola Stall.

Come and visit our stall for a really fun and festive family day out. We'd also love some help on the day on the tombola stall or if you can provide a tombola prize, we would be most grateful.



OTHER WAYS TO SUPPORT BOSP

AMAZON SMILE



This is the same as Amazon, you shop as usual but the difference is that Amazon will donate 0.5% of all qualifying sales to BOSP! Just either download the App or shop on the SmileAmazon website and choose BOSP as your chosen Charity and start shopping, it's that easy!

THE BASILDON LOTTERY & THE ESSEX LOTTERY

Basildon Borough Community Lottery and The Essex Lottery are exciting weekly lotteries that help raise money for BOSP. Tickets cost £1 a week, each ticket has a 1 in 50 chance to win a prize each week with a percentage going to good causes. Remember to choose BOSP as your chosen Charity!



GIFT AID

Don't forget to Gift Aid it! BOSP can claim a further 25% on your personal donations.



BOSP SERVICES

BOSP offers a variety of structured clubs to support different wants and support needs, weekdays, evenings, weekends and school holidays, providing fun and exciting activities with social opportunities for children and young people with disabilities or life-limiting illnesses from birth upwards. BOSP aims to develop the children and young people's independence, self-esteem and social skills. BOSP's developmental clubs have a high ratio of experienced staff, enabling us to support children and young people with moderate or more complex disabilities, including those with medical needs or limited communication. Full care is provided at most clubs unless stated.

For more information please telephone 01268 553117, email: enquiries@bosp.co.uk or visit our website: www.bosp.co.uk

BOSP SATURDAY & HOLIDAY CLUBS (Essex Short Breaks) 10.00am to 3.30pm (5.5 hours) at the Pioneer School, Basildon

BOSP's Saturday & Holiday Clubs are run out of the Pioneer School with all its fantastic facilities. Aimed at children and young people aged 4 years+. Activities include sensory rooms, garden and gym, interactive soft play room, sports, bouncy castles, an adventure playground, arts & crafts and messy play. Most will also have the opportunity to go swimming in the hydrotherapy pool where our trained lifesavers ensure the environment caters for the individuals needs.

BOSP LET'S CONNECT Saturdays 10.00am to 3.30pm (5.5 hours) Out & About - various venues.

Our 'Let's Connect Club' for young people 11+ aimed at enabling young people to meet and socialise with their friends in the community. The staff who work alongside the young people help to foster the young people's social and communication skills, allowing them to practise life skills, such as handling money, decision making and road safety. Events include: Legends gaming, Laser Madness, Base Jump, crazy Golf, all with a meal in a restaurant.

CHILL ZONE Saturdays and Sundays - various times and venues.

Chill Zone is our Out & About club for young people 18+ aimed at promoting independence through decision making, social skills and travel. Activities include Adventure Island, Foot Golf, bowling, theatre trips, treasure trails, clubbing and meals out in restaurants. The young people will often make use of public transport, while fully supported by BOSP Support Workers.

BOSP HOLIDAY OUT AND ABOUT CLUB 10.00am to 3.30pm (5.5 hours) various venues

BOSP aims to provide a wide range of stimulation social activities with full care for children aged 4+ during the holiday periods, including Wat Tyler Country Park, Woodland Warriors, animal workshops, crazy golf, Sea Life Centre, farms and zoos.

WHIZZY WOODLAND AWAYDAYS 10.00am to 3.30pm (5.5 hours) Thriftwood Scout Camp, Brentwood
Thanks to BBC Children in Need, children and young people aged 8+ get the opportunity to get some fresh air and try exciting inclusive activities such as water zorbing, archery, wall climbing, trikes, woodland walks, sensory sessions, craft, music and animal therapy in a wonderful woodland setting during Summer, Easter, Christmas and some half terms.

FAMILY FUN DAYS various times/dates subject to availability at BOSP's Skills for Life Centre, Wat Tyler Country Park

BOSP is able to offer our Skills for Life building exclusively to our registered families, within the school holidays. Families can book sole use of the centre, with sensory room, interactive whiteboard (which is connected to an Xbox and Nintendo Wii, with games) 5-in-1 games table, arts and crafts and more. With facilities to interest all ages, BOSP siblings and family members can all enjoy use of this inclusive space together, with the help of a BOSP Support Worker on site. It is £15 a session for the whole family. To book a session, please contact bookings@bosp.co.uk.

BOSP SERVICES CONTINUED

AFTER SCHOOL CLUB alternate Tuesdays (term time) - pick up from Castledon School, Wickford until 6.45pm, Wat Tyler Country Park

Our after school club is a great place for young people with SEN to make friends, have fun and improve social communication and life skills in order to develop their independence. Activities include board games, quizzes, arts and crafts, treasure hunts, forestry activities, interactive group gaming and supporting the young people with their homework. A light evening meal/snack is included which the group will prepare and eat together. This club is currently open to pupils of Castledon School, Wickford. Please call BOSP on 01268 553117 to enquire.

FAMILY COUNSELLING

At BOSP we understand how stressful life can be for our families and we are very pleased to be able to offer counselling to our BOSP families. Sessions take place with an experienced psychotherapist. Parents/carers, couples, siblings and children with a disability can access this service.

We are able to offer these sessions at a heavily subsidised cost. The sessions are mostly held virtually but face to face sessions can also be arranged.



Fun at BOSP Summer 2022



BOSP WOULD LOVE YOUR SUPPORT, TO DONATE PLEASE CLICK OUR STAR HERE



**BOSP Brighter Opportunities for Special People
The BOSP Office**

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