CONTACT US

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www.bosp.co.uk

CAN YOU HELP US?

Formed over 35 years ago, BOSP is a small independent charity that relies on the kindness & compassion of charitable trusts, personal donors, and corporate/community fundraisers, to enable us to deliver our work.

If you would like to make a donation, fundraise or volunteer for BOSP, so that more children and young people with disabilities in our community can be supported, please get in touch!

To make a donation, please scan the QR code.

Your care & support is very much needed and appreciated.

ABOUT BOSP

In 2022, BOSP were awarded the Queen's Award for Voluntary Service (an equivalent of an MBE and the highest recognition a voluntary group can receive).

In 2026, we were awarded ***exceptional*** across all measurable categories with Ofsted.

Our clubs and support services are delivered weekdays, evenings, weekends and school holidays, for children and young people, from birth to 25 years.

Sessions take place in Basildon, Pitsea, Billericay and Brentwood, as well as out and about in the community throughout Essex and the London Borough of Havering.

If you want to find out how we can support your family, please call The BOSP Office on 01268 553117.

To read our full Ofsted Report, please scan the QR code!

Ofsted
Read our report

Registered Charity No. 1107392
Registered in England & Wales
Company No. 5284004

BOSP'S PATHWAY OF SUPPORT

from birth to 25 years

BOSP improves the lives of children and young adults with complex disabilities or life-limiting conditions, and their families, by providing high-quality, fun, educational activities, support and respite care.

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BOSP TOTS ***(birth to 5 years)***
Our inclusive morning baby and toddler group for children up to 5 years and their parents, carers or grandparents. It provides peer support and an opportunity to receive help and advice from specialist staff, while children learn social skills, fine motor skills, structure and sharing.
Tuesdays 10.00am to 11.30am at BOSP's Skills for Life Centre.

INDIVIDUAL SENSORY SESSIONS ***(from birth)***
Individual sensory sessions for children and young people whose health needs precludes them from attending a group session or for children who are overwhelmed at being in a group session.
Tuesdays 12.45pm to 1.15pm, 1.30pm to 2.00pm or 2.15pm to 2.45pm at BOSP's Skills for Life Centre.

SATURDAY CLUB ***(age 4+)***
Social and educational club with mostly one-to-one support for children and young adults 4 to 25 years. Activities can include sensory rooms, soft play, sports, inclusive gym with wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.
Saturdays 10.00am to 3.00pm at the Pioneer School, Basildon.

LET'S CONNECT ***(age 11+)***
The next step on from Saturday Club aimed at children and young adults 11 to 25 years, who are ready to socialise out in the community and learn life skills such as road safety, money handling, budgeting and eating out.
Saturdays 10.00am to 3.00pm – meet at the Pioneer School, then leave for community activities.

HOLIDAY CLUB ***(age 4+)***
Social & educational club with mostly one-to-one support for 4 to 25 year-olds. Activities can include, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme and music therapy.
Summer, Easter and Christmas holidays and some half terms 10.00am to 3.00pm at the Pioneer School, Basildon.

HYDROTHERAPY ***(age 4+)***
Sessions are held at the Pioneer School on Saturdays and during the School Holidays. Specialist Disability Life-Savers and Spotters support the children and young people in the pool.

The warm water combined with fun exercises can help improve movement, strength and relax muscles.

HOLIDAY CLUB OUT & ABOUT ***(age 4+)***
Providing mostly one-to-one support, BOSP delivers a wide range of stimulating social activities out in the community for children 4+ years during the holidays. Activities include Woodland Warriors, Sea Life Centre, farms and zoos.
Various days and venues 10.00am to 3.00pm.

FOREST FUN DAYS ***(age 8+)***
Activity days based in a woodland setting with mostly one-to-one support, for 8 to 25 years. Children and young people get the chance to enjoy the fresh air and take part in exciting indoor and outdoor activities, including archery, water zorbing, wall-climbing, woodland trails, craft, pizza making, animal therapy, music therapy and party entertainers.
Summer, Easter, Christmas holidays and some half terms 10.00am to 3.00pm.

BIG BOSP ***(age 11+) - Currently on hold***
A fun youth club for young people, offering social and learning opportunities, whilst providing parents/carers with evening respite. Activities include board games, quizzes, arts & crafts, treasure hunts, outdoor games, forestry activities, shopping, meal planning and preparation.
Alternate Tuesday evenings 4.30pm to 6.45pm.

CHILL ZONE ***(age 18+)***
Fully supported social club for young adults aged 18 to 25 years, that takes place out in the community. It is aimed at promoting independence, through decision making, social skills and travel. Activities include theme parks, foot golf, theatre, Canal Ability, treasure trails, clubbing and meals in a restaurant.

SKILLS 4 LIFE ***(age 18+)***
Bespoke daytime opportunities for young adults aged 18-25 years. Providing vital life and social skills to support their transition into adulthood and onto supported living. Activities include meal planning, cooking and washing up, house keeping, IT skills, enterprise opportunities, travel training, keeping active including swimming and trampolining, and community volunteering. Every day includes an activity that takes place in the local community.
Weekdays 9.30am to 3.30pm at BOSP's Skills for Life Centre.

FAMILY FUN DAYS ***(All ages)***
Fun filled inclusive days for the whole family with woodland activities, entertainment, BBQs and refreshments.
Various dates and times during the year at Thriftwood Scout Camp.

COUNSELLING
An experienced child/adult psychotherapist provides counselling for parents/carers, siblings or children/young people with a disability.
Various dates and times, virtual or face to face in Harold Hill.

FAMILY ADVOCACY FOR EARLY YEARS & TRANSITION INTO SCHOOL OR ADULT SERVICES
Support for BOSP families in the early years and whose children and young people are transitioning to school and adult services.

This free service can support you with:

- advice and signposting
- liaising with professionals
- obtaining personal budgets
- requesting a Carers Needs Assessment
- improving links with social care
- speech & language
- education
- transport
- specialist equipment
- accessing BOSP's Skills 4 Life Weekday Daytime programme and other community services
- helping you fill the gaps when your young person leaves full-time education

Face to face, online or telephone support available.

If you want to find out how we can support your family, please call The BOSP Office on 01268 553117.