



Brighter Opportunities  
for Special People



# THE BOSP STAR

## LATEST CHARITY NEWS



### BOSP NEEDS YOUR SUPPORT

Formed over 30 years ago, BOSP is a small independent charity that relies on the kindness and compassion of charitable trusts, personal donors, and corporate/community fundraisers, to enable us to deliver our work.

With a reduction of grants available to BOSP in 2024, we are asking for extra support with our community fundraising to help plug this gap.

#### FAB PEOPLE WANTED!

Volunteers wanted to join our committee to help raise funds and awareness for BOSP.

- Develop new skills
- Meet new friends
- Make a difference

**FAB**  
FRIENDS AT BOSP

Sound interesting and like to know more? Then we would love to hear from you. Please contact The BOSP Office or email [community@bosp.co.uk](mailto:community@bosp.co.uk)

BOSP WOULD LOVE YOUR  
SUPPORT, TO DONATE PLEASE  
CLICK OUR STAR



#### WAYS TO HELP

You can support BOSP in many different ways:

- Set up a Monthly Donation
- Payroll Giving
- Donate an item from our Amazon Wishlist
- Give in Memory
- Leave a Gift in your Will

#### COULD YOUR BUSINESS MAKE BOSP THEIR CHARITY OF THE YEAR?

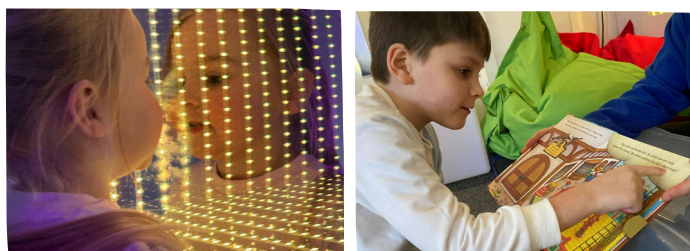
Crondon Park Golf Club Seniors Captain chose BOSP as their Charity of the Year, could your business help support us too? BOSP relies on the support of businesses in the community to help keep us running, so any support from local organisations is always welcome.



Captain Martin with BOSP's Chair Peter Davies

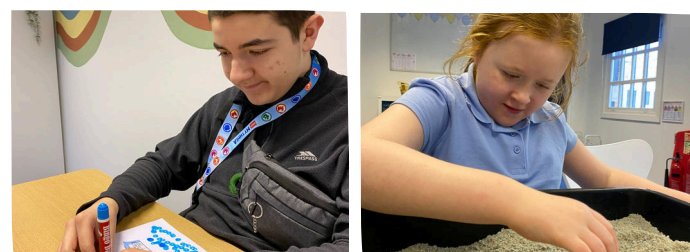
As well as helping some of the most marginalised disabled children and young people, working with BOSP could benefit your company too! Find out more on our website.

## BOSP SERVICES UPDATES



### INDIVIDUAL SENSORY SESSIONS AT BOSP

We offer bespoke individual sensory sessions for children and young people whose health needs preclude them from a group session or because it will be too overwhelming. Sessions run on Tuesdays, during term time, 12.45pm to 1.15pm, 1.30pm to 2.00pm or 2.15pm to 2.45pm at BOSP's Skills for Life Centre, with support from BOSP's specialist staff.



### AFTER SCHOOL CLUB

This early evening club is for young people aged 8+ years who attend Castledon School. Our after school club is a great place for young people with SEND to make friends, have fun and improve social communication and life skills in order to develop their confidence.

Activities include board games, quizzes, arts and crafts, treasure hunts, forestry activities, interactive group gaming and supporting the young people with their homework.

A light evening meal/snack is included which the group will prepare and eat together. Alternate Tuesdays (term time only), BOSP pick-up from Castledon School at 2.50pm, collection from BOSP at Wat Tyler Park at 6.45pm.

### BOSP SKILLS 4 LIFE

Skills 4 Life is BOSP's educational weekday, daytime opportunity for young people aged 18 to 25 years. Skills 4 Life provides bespoke vital life and social skills to support transition into adulthood. Age appropriate activities include cooking (and washing up!), meal planning and preparation, learning to keep a room tidy, sports and keeping active, gardening and travel training. Every day includes fun activities out in the community. Weekdays 9.30am to 3.30pm at BOSP's Skills for Life Centre.



### BOSP FAMILY ADVOCATE

**TRANSITIONING INTO ADULT SERVICES & ORGANISING DAY OPPORTUNITIES IS NOT AN EASY PROCESS BUT AT BOSP WE CAN HELP!**

This free holistic service can help support you with:

- enabling your young person to access **BOSP's Skills 4 Life Weekday Daytime Programme**, and other community services
- submitting Carers Needs Assessments
- obtaining a young person's personal budget
- improving links with social care
- helping you fill the gaps when your young person leaves full-time education

Group, face to face and telephone support available.

For information on all BOSP services check out our website or contact our friendly team on 01268 553117



## NEW FOR 2024 - BOSP'S FAMILY FUN DAY

**BOSP specialises  
in respite and supporting  
the whole family**

# FAMILY FUNDAY

**On Friday 31st May 2024  
BOSP's children, siblings,  
mums, dads and grandparents came  
together at Thriftwood Scout Camp  
for a fun filled day!**

**Everyone enjoyed the wonderful visiting animals from Exotic Explorers, trying their luck at archery, dancing and singing along with Happy Hatters Party Entertainment and giving wall climbing a go! Everyone was encouraged to join in the inclusive activities. A tasty BBQ topped off this very special day.**

**Due to the success of this event we are hoping to be able to run the Funday again next year!**

**BOSP would like to thank The Rotary Club of Billerica Mayflower for their wonderful support in running this event.**





## Volunteer Focus - Jenny



Jenny is a retired nurse who has two sons and three grandchildren and has been volunteering at BOSP since October 2019 and quickly became an important and valued part of BOSP.

Jenny said, "When I retired I felt that I wanted to do something worthwhile and through a friend I was introduced to BOSP. I volunteer at BOSP working with the BOSP TOTs group. Through this role I interact with the children through play. I also have good relationships with the parents and grandparents of the children".

"I have met some lovely people. I love being part of the TOTs team and spending time with the children. I also love to see how the children progress and develop".

BOSP cannot thank Jenny enough for all her care and support, she is a true BOSP Star ★



## Support Worker Recruitment

We are always looking for good people to join our team of Support Workers.

These paid positions particularly suit TAs, LSAs or college students studying relevant subjects which can enhance your knowledge and personal development. Hours are part-time and flexible to fit in around your studies, family or other work commitments.

If you know someone that would be interested in applying please pass on our details. See our website for the full application pack. Please click below.

### Can you help us to help more families?

We have so many children on our waiting list, could you join our friendly team and help more isolated children have fun?

**Support Worker RECRUITMENT**

Are you interested in enhancing the lives of children and young people with disabilities and learning new skills in a very rewarding role?

Flexible part-time hours

Contact The BOSP Office for an application pack or visit our website

If you are interested in being part of our fantastic team of Support Workers, please contact The BOSP Office on 01268 553117 or visit our website for an application pack.

Hours are part-time and flexible to fit in around your studies or other work commitments!

The job is very rewarding and I love working with the young people and staff, it feels like a big family.

BOSP.CO.UK BOSPESSEX BOSPCHARITY BOSPCHARITY

## Follow BOSP on Social Media!

Please encourage your family and friends to follow BOSP on its social media channels! Please like and share our posts so more people know about the work we do here at BOSP! Find out about all the wonderful fundraising events we hold and updates on all of BOSP's services and don't miss out on a thing!



We rely on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or [community@bosp.co.uk](mailto:community@bosp.co.uk) for our Fundraising Pack. We'd love to hear from you! Keep an eye on our website [www.bosp.co.uk](http://www.bosp.co.uk) for all future events or challenges you might like to participate in.

Come and enjoy a lovely day out at Bicester Shopping Village with friends and family, Return coach from Billericay with a glass of fizz on the way home to celebrate your purchases. To reserve your seat contact Helen at [community@bosp.co.uk](mailto:community@bosp.co.uk) for this popular fundraiser!



BOSP's Big Night was held on Friday 17th May at The Billericay Theatre. This fabulous local venue hosted a full house with fantastic live music from Programmed2Function, lots of dancing, 'theatre bites', BOSP signature cocktails and a raffle with wonderful prizes. A huge thank you to everyone who came along and supported this event and made it such a wonderful evening. With your help we raised just over £1,500 for BOSP! Due to the success of this event, we already have a date secured for 2025, save the date **Friday 16th May 2025!**



**Don't forget to Gift Aid it!**  
**BOSP can claim a further 25% on your personal donations.**


**£100** → **GIFT AID** → **£125**  
DONATION +25% TOTAL VALUE OF DONATION



## BOSP's Progression Activity Clubs

**that support your child or young person's development**

**IS YOURS  
READY  
TO MOVE  
UP TO  
THE NEXT  
GROUP?**

	Service Description	Location	Day and Time
Saturday Club	Social & educational club with mostly one-to-one support for children and young adults 4 to 25-year-olds. Activities include: Hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Saturdays 10.00am to 3.00pm
Let's Connect	The next step on from Saturday Club, aimed at children and young adults 11 to 25 years, who are ready to socialise and learn life skills such as road safety, money handling, budgeting and eating out. Events include bowling, cinema, crazy golf, laser madness and include a meal in a restaurant.	Meet at the Pioneer School, SS14 2LA, then leave for community activities	Saturdays 10.00am to 3.00pm
Holiday Club	Social & educational club with mostly one-to-one support for 4 to 25 year-olds. Activities include hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Whizzy Woodland Away Days & Thriftwood Days	Activity days based in a woodland cabin with one-to-one support. Children and young people get the chance to enjoy the fresh air and take part in exciting indoor and outdoor activities, including archery, water zorbing, wall-climbing, woodland trails, craft, pizza making, animal therapy, music therapy.	Thriftwood Scout Camp, Brentwood, CM13 2DP	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Holiday Club Out & About	Providing one-to-one support, BOSP delivers a wide range of stimulating social activities out in the community for children 4 years + during the holidays. Activities include Woodland Warriors, Sea Life Centre, farms and zoos.	Various	Various 10.00am to 3.00pm
Chill Zone	Fully supported social club for young adults aged 18 to 25 years, that takes place out in the community. It is aimed at promoting independence, through decision making, social skills and travel. Activities include theme parks, foot golf, theatre, Canal Ability, treasure trails, clubbing and meals in a restaurant.	Various	Saturday evenings and Sundays Various (4 – 6 hours)
Big BOSP	A fun youth club for young people offering social and learning opportunities, whilst providing parents/carers with evening respite. Activities include board games, quizzes, arts & crafts, treasure hunts, outdoor games, forestry activities, shopping, meal planning and preparation.	BOSP's Skills for Life Centre, SS16 4UH	Alternate Tuesday Evenings 4.30pm to 7.00pm

Service	Service Description	Location	Day and Time
Skills 4 Life	Educational weekday, daytime opportunities for young people aged 18-25 years, providing bespoke vital life and social skills to support their transition into adulthood. Age appropriate activities include cooking (and washing up!), meal planning and preparation, learning to keep a room tidy, sports and keeping active, gardening, travel training and visits to local attractions	BOSP's Skills for Life Centre, SS16 4UH	Weekdays 9.30am to 3.30pm
After School Club	Working with Castledon School, Wickford, we collect the children in the BOSP Bus, to join us at the Park. As well as helping the young people with their homework, they're supported to plan and prepare a light evening meal and take part in quizzes, games, arts & crafts, treasure hunts, sports and forestry skills.	BOSP's Skills for Life Centre, SS16 4UH	Collect from Wickford Approx. 2.45pm to 7.00pm
Individual Sensory Sessions	Individual sensory sessions for children and young people whose needs preclude them from attending a group session or for those who are overwhelmed at being in a group setting.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 12.45pm to 1.15pm 1.30pm to 2.00pm 2.15pm to 2.45pm
BOSP Tots	Our inclusive morning baby and toddler group for children up to 5 years and their parent carers/grandparents. It provides peer support and an opportunity to receive help and advice from specialist staff, whilst children learn social skills, fine motor skills, structure and sharing. Activities include themed Tuff trays, messy play, sensory play, adventure playground and snack time.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 10.00am to 11.30am
Counselling	An experienced child/family psychotherapist provides either individual, couple or family counselling for parents/carers, siblings or children/young people with a disability.	Virtual or face-to face, Harold Hill RM3 9EN	Various dates and times
Family Advocacy & Peer Support	This free holistic service can help support you with the challenges associated with moving over to adult services, including accessing BOSP's Skills 4 Life Weekday Daytime Programme, other community services, submitting Carers Needs Assessments, personal budget, links with social care. Opportunities to meet with BOSP's Family Advocate and other parents of young people with SEND.	Various including BOSP's Skills for Life Centre, SS16 4UH	1st, 2nd & 4th Thursday of month 10.30am to 12.00noon face to face or telephone support also available
SENCAPS Parents & Carers Peer Support	Free Peer support group for parents and carers of all children and young people with SEND. Specialist advice from visiting professionals, including The Continence Team and Autism Central.	BOSP's Skills for Life Centre, SS16 4UH	From Sept 2024 3rd Wednesday of month 10.30am to 12.00noon
Family Fun Days	A fun filled day for the whole family with activities, entertainment, lunch and refreshments.	Various	Various dates and times

## A cluster of three bright yellow daffodils with orange centers, set against a white background.



[www.bosp.co.uk](http://www.bosp.co.uk)

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