



Brighter Opportunities
for Special People



THE BOSP STAR

LATEST CHARITY NEWS



Fundraising News

BOSP 12 Days of Christmas with 12 Fabulous Prizes!

Hidden behind 12 numbers are 12 fabulous prizes! Just choose numbers between 1 and 300 at £5 each. Numbers go on sale beginning of November.

Billericay Christmas Market Sunday 1st December 2024 11am to 5pm

BOSP Christmas Tombola. Help on the day and offer of good quality prizes very gratefully received.

Brentwood Rotary Virtual Quiz Friday 17th January 2025, virtual doors open at 7pm

Teams of up to 8 (suggested donation £5pp)

Benkers Bingo with Friday 7th February 2025 from 7pm to 10pm

Bring your own drinks & nibbles;
Chantry Centre, Billericay 18+ (£15pp)

BOSP Big Night Out! Friday 16th May 2025, bar opens at 7:15pm to 12pm

Fabulous live band! Drinks, cocktails & snacks
available, Billericay Theatre 18+ (£20pp)

**For more details or to reserve your places
please contact Helen on 01268.553117 or
email: community@bosp.co.uk**



BOSP NEEDS YOUR SUPPORT

Formed over 30 years ago, BOSP is a small independent charity that relies on the kindness and compassion of charitable trusts, personal donors, and corporate/community fundraisers, to enable us to deliver our work.

With a reduction of grants available to BOSP in 2024, we are asking for extra support with our community fundraising to help plug this gap.

WAYS TO HELP

You can support BOSP in many different ways:

- Set up a Monthly Donation
- Payroll Giving
- Donate an item from our Amazon Wishlist
- Give in Memory
- Leave a Gift in your Will
- Support one of our fundraising events, see opposite
- Organise your own fundraising event in aid of BOSP

**CHECK OUT THE SUPPORT BOSP
PAGES ON OUR WEBSITE FOR ALL
THE INFORMATION YOU NEED.**

www.bosp.co.uk

FUNDRAISING NEWS

We rely on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or community@bosp.co.uk for our Fundraising Pack. We'd love to hear from you! Keep an eye on our website www.bosp.co.uk for all future events or challenges you might like to participate in.

FUNDRAISING IN AID OF BOSP - just some of the wonderful recent events

AMAZING AGA'S 100k ULTRA CHALLENGE - 6th & 7th July 2024

Amazing Aga took part in the Peak District 100k Ultra Challenge on 6th and 7th July in aid of BOSP. Despite the pouring rain Aga managed to complete this ultra challenge and raise a fantastic £1,722.50 for BOSP!

"My feet are blistered and muscles ache, but it was so worthwhile, and I actually loved every minute of it, even the horrid, almost vertical climbs at times. Remembering that it was all for an amazing cause kept me going. Perseverance has definitely paid off!"

Feeling inspired? If you are thinking of taking on one of these exciting challenges in aid of BOSP at any of the fabulous locations, we would love to hear from you.



INFLATABLE 5K - 17th August 2024

BOSP's Sarah and Chloe faced the World's BIGGEST and most EPIC Inflatable 5k Obstacle Course on 17th August and with the help of their generous supporters raised a wonderful £624.50 for BOSP. Well done Sarah and Chloe you are fantastic!



SPARKLING LUNCH - Saturday 14th September 2024

The BOSP Sparkling Lunch was once again held at Harry's Bar in Billericay on 14th September. Our wonderful group of BOSP supporters enjoyed a fabulous lunch and drinks, great raffle prizes, lots of laughs and conversation and raised an amazing £1,238 for the Charity. We cannot thank our loyal supporters enough for their generosity.

VIRTUAL FUN WALK 2024 - September 2024

BOSP has had wonderful support for the Fun Walk this year. Our fabulous walkers took part in this virtual event completing either a 2k or 5k sponsored walk anytime, anywhere during the month of September. The BOSP Star even made it to Seville for the Fun Walk! We are looking forward to updating you with the total raised at the end of November.



Follow BOSP on Social Media!



Please encourage your family and friends to follow BOSP on its social media channels! Please like and share our posts so more people know about the work we do here at BOSP! Find out about all the wonderful fundraising events we hold and updates on all of BOSP's services and don't miss out on a thing!

Connect With Us



@BOSPCharity



@BOSPessex



giftaid

Don't forget to Gift Aid it!
BOSP can claim a further 25% on your personal donations.

£100 → GIFT AID +25% → £125
DONATION TOTAL VALUE OF DONATION



BOSP SERVICES UPDATES

AFTER SCHOOL CLUB

This early evening club is for young people aged 8+ years who attend Castledon School. Our after school club is a great place for young people with SEND to make friends, have fun and improve social communication and life skills in order to develop their confidence.

Activities include board games, quizzes, arts and crafts, treasure hunts, forestry activities, interactive group gaming and supporting the young people with their homework. A light evening meal/snack is included which the group will prepare and eat together. Alternate Tuesdays (term time only), BOSP pick-up from Castledon School at 2:50pm, collection from BOSP at Wat Tyler Park at 6:45pm.



BOSP TOTS

Our inclusive baby and toddler group is for children up to 5 years with any kind of additional need and their parents, carers and grandparents. Sessions include pre-school and sensory equipment, optional messy play, song circle, snack time, and visits to the park's adventure playground.

It will also provide the opportunity to meet with others facing similar challenges and to receive help and advice from our specialist staff.



If you have a friend or relative who would like some support but they are worried about coming along on their own, please bring them along, we would love to see you.

The sessions are held each Tuesday morning during term time from 10:00am to 11:30am, at BOSP's Skills For Life Centre. Places are limited.

[Book your place here](#)

BOSP SKILLS 4 LIFE

Skills 4 Life is BOSP's educational weekday, daytime opportunity for



young people aged 18 to 25 years. Skills 4 Life provides bespoke vital life and social skills to support transition into adulthood. Our small groups and high level of support ensures the young people grow in confidence and independence. Age appropriate activities include cooking (and washing up!), meal planning and preparation, learning to keep a room tidy, sports and keeping active, gardening and travel training. Every day includes fun activities out in the community. Weekdays 9:30am to 3:30pm at BOSP's Skills for Life Centre. Contact BOSP for more information. Limited spaces currently available.



BOSP WOULD LOVE YOUR
SUPPORT, TO DONATE PLEASE
CLICK OUR STAR





FURTHER SUPPORT FOR FAMILIES

BOSP FAMILY ADVOCATE

TRANSITIONING INTO ADULT SERVICES & ORGANISING DAY OPPORTUNITIES IS NOT AN EASY PROCESS BUT AT BOSP WE CAN HELP!

This free holistic service can help support you with:

- enabling your young person to access **BOSP's Skills 4 Life Weekday Daytime Programme**, and other community services
- submitting Carers Needs Assessments
- obtaining a young person's personal budget
- improving links with social care
- helping you fill the gaps when your young person leaves full-time education

Group, face to face and telephone support available. Contact The BOSP Office for more information.

COUNSELLING FOR BOSP FAMILIES

BOSP offers counselling sessions with qualified Psychological Therapist/Integrative Counsellors. Sessions are available for parents or carers who have a child or young person with a disability, siblings (young carers), grandparents or the child/ young person with the disability or life-limiting illness.

Sessions take place virtually or face to face in Romford. Sessions are greatly subsidised, starting at just £12. Please contact The BOSP Office for costings.

If you would like to register your interest in this service, please contact The BOSP Office.

COFFEE & CONVERSATION PEER SUPPORT GROUP

FIND SUPPORT, COMPANY, SHARE IDEAS AND EXPERIENCES

Coffee & Conversation is a chance for you to meet with other parents and carers of children and young people with SEND in a relaxed and informal setting along with Maria, BOSP's Family Advocate.

Meet up with others who have lived experience of caring for a child or young person with SEND or are just beginning their journey and would benefit from advice and help. A chance to share information, discuss what's worked, what hasn't, what you would do again or what you may do differently. Resources and signposting are available to take away on the day.

Coffee & Conversation meets every other Thursday, term time, at The BOSP Skills for Life Centre from 10:00am to 11:30am.

See our social media and website for future dates. Use Eventbrite to book your FREE places.

BOSP'S SUPPORT & SERVICES PATHWAY

You can find details of all the support and services BOSP provides on our website or in our new Pathway leaflet. If you would like any further information or advice on our services please contact The BOSP team on 01268 553117.



www.bosp.co.uk

Volunteer Focus - Miranda



Miranda has been volunteering at BOSP since May 2018. Miranda works in finance in the City and lives in the local area. BOSP cannot thank Miranda enough for all her care and support, she is a true BOSP Star ★

Miranda said, "I first heard about BOSP after visiting their stall at The Billericay Christmas Market, and as my cousin has SEN I immediately enquired about volunteering at BOSP".

"My main role at BOSP has been to help with fundraising events, like the Christmas Market and the Sparkling Lunch and at BBQs and the Family Fun Day at Thriftwood Scout Camp. I am now part of the fundraising team (FAB) that meets up to discuss new ideas and ways to generate funds for BOSP".

"The team at BOSP work incredibly hard! Both full-time and part-time staff and all the volunteers. So contributing in any way possible and giving back to the local community is very rewarding".

If you would like to join Miranda and be part of our FAB committee, we would love to hear from you!



Miranda with Helen, BOSP's Community Fundraiser and fellow volunteer Nicola at The Billericay Christmas Market

Volunteers Wanted

FAB PEOPLE WANTED!

Volunteers wanted to join our committee to help raise funds and awareness for BOSP.

- Develop new skills
- Meet new friends
- Make a difference

FAB
FRIENDS AT BOSP

Sound interesting and like to know more? Then we would love to hear from you. Please contact The BOSP Office or email community@bosp.co.uk

Support Worker Recruitment

We are always looking for good people to join our team of Support Workers.

These paid positions particularly suit TAs, LSAs or college students studying relevant subjects which can enhance your knowledge and personal development. Hours are part-time and flexible to fit in around your studies, family or other work commitments.

If you know someone that would be interested in applying please pass on our details. See our website for the full application pack. Please click below.

Can you help us to help more families?

We have so many children on our waiting list, could you join our friendly team and help more isolated children have fun?

Support Worker RECRUITMENT

Are you interested in enhancing the lives of children and young people with disabilities and learning needs in a very rewarding role?

Flexible part-time hours

Contact The BOSP Office for an application pack or visit our website.

BOSP.CO.UK [BOSPCHARITY](https://www.facebook.com/BOSPCHARITY) [BOSPCHARITY](https://www.instagram.com/BOSPCHARITY) [BOSPCHARITY](https://www.youtube.com/BOSPCHARITY)

If you are interested in being part of our fantastic team of Support Workers, please contact The BOSP Office on 01268 553117 or visit our website for an application pack.

Hours are part-time and flexible to fit in around your studies or other work commitments!

The job is very rewarding and I love working with the young people and staff, it feels like a big family.

BOSP.CO.UK [BOSPCHARITY](https://www.facebook.com/BOSPCHARITY) [BOSPCHARITY](https://www.instagram.com/BOSPCHARITY) [BOSPCHARITY](https://www.youtube.com/BOSPCHARITY)

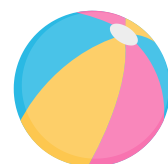
BOSP's Progression Activity Clubs that support your child or young person's development

IS YOUR
CHILD
READY
TO MOVE
UP TO
THE NEXT
GROUP?

	Service Description	Location	Day and Time
Saturday Club	Social & educational club with mostly one-to-one support for children and young adults 4 to 25-year-olds. Activities include: Hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Saturdays 10.00am to 3.00pm
Let's Connect	The next step on from Saturday Club, aimed at children and young adults 11 to 25 years, who are ready to socialise and learn life skills such as road safety, money handling, budgeting and eating out. Events include bowling, cinema, crazy golf, laser madness and include a meal in a restaurant.	Meet at the Pioneer School, SS14 2LA, then leave for community activities	Saturdays 10.00am to 3.00pm
Holiday Club	Social & educational club with mostly one-to-one support for 4 to 25 year-olds. Activities include hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme.	Pioneer School, Basildon, SS14 2LA	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Whizzy Woodland Away Days & Thriftwood Days	Activity days based in a woodland setting with one-to-one support, Children and young people get the chance to enjoy the fresh air and take part in exciting indoor and outdoor activities, including archery, water zorbing, wall-climbing, woodland trails, craft, pizza making, animal therapy, music therapy.	Thriftwood Scout Camp, Brentwood, CM13 2DP	Summer, Easter, Christmas holidays, and some half terms. 10.00am to 3.00pm
Holiday Club Out & About	Providing one-to-one support, BOSP delivers a wide range of stimulating social activities out in the community for children 4 years + during the holidays. Activities include Woodland Warriors, Sea Life Centre, farms and zoos.	Various	Various 10.00am to 3.00pm
Chill Zone	Fully supported social club for young adults aged 18 to 25 years, that takes place out in the community. It is aimed at promoting independence, through decision making, social skills and travel. Activities include theme parks, foot golf, theatre, Canal Ability, treasure trails, clubbing and meals in a restaurant.	Various	Saturday evenings and Sundays Various (4 - 6 hours)
Big BOSP	A fun youth club for young people offering social and learning opportunities, whilst providing parents/carers with evening respite. Activities include board games, quizzes, arts & crafts, treasure hunts, outdoor games, forestry activities, shopping, meal planning and preparation.	BOSP's Skills for Life Centre, SS16 4UH	Alternate Tuesday Evenings 4.30pm to 7.00pm

Service	Service Description	Location	Day and Time
Skills 4 Life	Educational weekday, daytime opportunities for young people aged 18-25 years, providing bespoke vital life and social skills to support their transition into adulthood. Age appropriate activities include cooking (and washing up!), meal planning and preparation, housekeeping, sports and keeping active, gardening, travel training and visits to local attractions.	BOSP's Skills for Life Centre, SS16 4UH	Weekdays 9.30am to 3.30pm
After School Club	Working with Castledon School, Wickford, we collect the children in the BOSP Bus, to join us at the Park. As well as helping the young people with their homework, they're supported to plan and prepare a light evening meal and take part in quizzes, games, arts & crafts, treasure hunts, sports and forestry skills.	BOSP's Skills for Life Centre, SS16 4UH	Collect from Wickford approx. 2.45pm to 6.45pm
Individual Sensory Sessions	Individual sensory sessions for children and young people whose needs preclude them from attending a group session or for those who are overwhelmed at being in a group setting.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 12.45pm to 1.15pm 1.30pm to 2.00pm 2.15pm to 2.45pm
BOSP TOTs	Our inclusive morning baby and toddler group for children up to 5 years and their parent carers/grandparents. It provides peer support and an opportunity to receive help and advice from specialist staff, whilst children learn social skills, fine motor skills, structure and sharing. Activities include themed Tuff trays, messy play, sensory play, adventure playground and snack time.	BOSP's Skills for Life Centre, SS16 4UH	Tuesdays 10.00am to 11.30am
Counselling	An experienced child/family psychotherapist provides either individual, couple or family counselling for parents/carers, siblings or children/young people with a disability.	Virtual or face-to face, Harold Hill RM3 9EN	Various dates and times
Family Advocacy	This free holistic service can help with the challenges associated with moving over to adult services, including accessing BOSP's Skills 4 Life Weekday Daytime Programme, other community services, submitting Carers Needs Assessments, personal budget and links with social care.	Various including BOSP's Skills for Life Centre, SS16 4UH	Face to face or telephone support available
Coffee & Conversation Parents & Carers Peer Support	Free Peer support group. A chance to meet with other parents and carers of children and young people with SEND in a relaxed and informal setting along with BOSP's Family Advocate. Specialist advice from visiting professionals, including The Continence Team, Autism Central, Makaton Tutor.	BOSP's Skills for Life Centre, SS16 4UH & 'Human Kind Cafe', Billericay	Every other Thursday, term time 10.00am to 11.30am
Family Fun Days	A fun filled day for the whole family with woodland activities, entertainment, BBQ and refreshments.	Various	Various dates and times
Big Days Out	Family days out to exciting Theme Parks and Zoos.	Various	Various dates and times

A cartoon illustration of a watermelon and a pineapple. The watermelon on the left is wearing large yellow-rimmed sunglasses and holding a small cocktail glass with a red drink and a pink umbrella. The pineapple on the right is wearing pink-rimmed sunglasses and holding a red cup with a drink and a blue umbrella. Both characters have small black limbs and are standing on a light brown oval shadow.



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